

National organisations who support Young Carers and their families:

Childrens Society https://www.childrenssociety.org.uk/information/young-people/young-carers Advice and support for young carers, including finding a local Young Carers support group
Carers Trust https://carers.org/ Carers Trust runs a network of local carer organisations in England
Carers UK https://www.carersuk.org/ Carers UK is providing information on the various types of carer's assessments nationwide.
NHS https://www.nhs.uk/social-care-and-support/support-and-benefits-for-carers/help-for-young-carers/ The role of the NHS with Young Carers
Barnardos https://www.barnardos.org.uk/get-support/young-carers Support from the national children's charity

Below are our local Young Carer organisations and contacts:

Young Carer Support Services – Local Directory

Local Authority	Local Authority Contact / Service Information	Local Charity / Service	Any other Info
Darlington	Colin Grainger Community Development Practitioner, The Bridge Young Carers Service/Young Carers Darlington T: 0191 383 2520 01325 794 888 M: 07816403363 <i>Working days: Tuesday, Wednesday, Thursday</i> Butterwick Hospice, Woodhouse Lane, Bishop Auckland, DL14 6JU St. Teresa's Hospice, Woodland Road, Darlington, DL3 7UA Family Action Head Office 34 Wharf Road, London, N1 7GR	Darlington Young Carers is co-ordinated by Family Action - Family Action: Supporting families at every age and stage of life youngcarersdarlington@family-action.org.uk 01325 794 888 Self referral, professional referral and open access	There is a Bronze, Silver and Gold level for the Charter. Colin is very supportive and knowledgeable around how to achieve this.

			
Durham	Colin Grainger Community Development Practitioner, The Bridge Young Carers Service/Young Carers Darlington T: 0191 383 2520 01325 794 888 M: 07816403363 <i>Working days: Tuesday, Wednesday, Thursday</i> Butterwick Hospice, Woodhouse Lane, Bishop Auckland, DL14 6JU St. Teresa's Hospice, Woodland Road, Darlington, DL3 7UA Family Action Head Office 34 Wharf Road, London, N1 7GR 	Darlington Young Carers is co-ordinated by Family Action - Family Action: Supporting families at every age and stage of life youngcarersdarlington@family-action.org.uk 01325 794 888 Self referral, professional referral and open access	There is a Bronze, Silver and Gold level for the Charter. Colin is very supportive and knowledgeable around how to achieve this.
Redcar and Cleveland	Adult Social Care Access Team RCBC 01642 771500 Go to www.wecareyoucare.info to understand your options as an unpaid carer. Alternatively you can contact Teesside Mind on 01642 257020 or Carers Together on 01642 488977	Teesside Mind For more information call 01642 257020 or email carers@teessidemind.org.uk or click the link for further information Teesside Mind	Simply call 01642 756000 or email info@thejunctionfoundation.com Web: www.thejunctionfoundation.com
North Yorkshire	Carers Plus Yorkshire T: 01609 780872	NEXUS: a project funded by the Armed Forces Covenant Trust. The project aims to improve support, resources and access to services for young carers within armed	

	Online referral form, usually triaged within a month. 1-1 support and intervention then provided in school T: 01609 780872	forces families. Online referral : Referral Form - Nexus Youth Voice Group Home Start Richmondshire for children under the age of 7 - Family Support Services Homestart Richmondshire	
Middlesbrough	Middlesbrough Council Early Help Service 01642 726004 Online referral form through Middlesbrough Front Door screening service	The Junction Young Carers and Youth Service Beth Major - CEO https://www.thejunctionfoundation.com/young-carers-service/-/next-steps-young-adult-carers-service info@thejunctionfoundation.com 01642756000 Carers Together on 01642488977 or Text/WhatsApp 07767117556.	
Hartlepool	Roxanne Boagey Information, Advice and Guidance Worker, Hartlepool Carers roxanne.boagey@hartlepoolcarers.org.uk 01429 283095	Hartlepool Young Carers is part of Hartlepool Carers with Roxanne responsible for Young Carers. Referrals can be made online https://www.hartlepoolcarers.org.uk/register/ or over the phone. Training is available for professionals supporting Young Carers via their website: https://hartlepoolcarers.org.uk/yca-html_2021-06-08/public/	
Stockton	Eastern Ravens Trust info@easternravenstrust.org 07761 073130 Tracey Hamilton Eastern Ravens Trust Young Carers Support Service Stratford House 11-12 Ramsgate Stockton-on-Tees TS18 1BS	Eastern Ravens Trust info@easternravenstrust.org 07761 073130 Tracey Hamilton Eastern Ravens Trust Young Carers Support Service Stratford House 11-12 Ramsgate Stockton-on-Tees TS18 1BS	